

June 2020

Kilala Lelum: Staff policy to prevent COVID 19 transmission:

All staff are advised to stay at home if they are feeling ill or have symptoms of fever/cough/SOB, nausea, vomiting, diarrhea, fatigue, etc.

- Upon arrival, all staff will use hand sanitizer or wash their hands with soap and water upon arrival, BEFORE and AFTER contact with another person, BEFORE touching their face or mucous membrane, and BEFORE eating. (Staff will try to use soap and water when available instead of hand sanitizer to conserve our supply for members.)
- All staff to wear **scrubs (or their own set of “work clothes”)** and **designated shoes** while at work and use staff washroom as a change room, bring a clean set of clothes and shoes to go home in (scrubs currently on order)
 - Remove watches, jewelry and nail polish
 - Bring bag for work clothes if bringing home to launder
 - Sanitize phone (alcohol swabs), glasses, stethoscope before and after shift and as needed during patient care
- (Add bullet) All staff must maintain physically-distancing measures (6 feet apart) while providing care (as is possible) and while liaising with other team members. If physical distancing is not possible then all staff members must wear a mask.
- (Add bullet) All clinicians must wear a mask and goggles while providing care
- (Add bullet) Occupancy Numbers are TBD for 626 and 606 (by end of June)

- **No sharing of food** anywhere in clinic
 - Bring any food in a disposable bag
 - Sanitize meal surfaces before and after eating

- **Close toilet seats** when flushing and practice excellent hand hygiene when using the washrooms; advise all members to do the same.

- Staff with either **Fever >38C AND cough, shortness of breath or diarrhea** must remain at home and proceed with getting tested for COVID-19 (Testing info: <http://www.vch.ca/covid-19/about-covid-19/covid-19-testing>)
 - Staff with other symptoms, or a potential exposure, should consult with Dr. Emma Preston
 - The time required for self-isolation of **cases** (confirmed or clinical) whose symptoms have resolved has been reduced to **10 days** from onset of symptoms (infectious period)

- The time required for self-isolation of **contacts** or **returning travellers** remains at **14 days** (incubation period)
- Patients with mild respiratory symptoms **should be tested**. Instruct them to self-isolate at home for **10 days** and seek healthcare if respiratory symptoms worsen.
- **A test of cure is no longer required**. Cases may return to their routine activities **10 days** after symptom onset if their symptoms, other than cough, have resolved.
 - Chronic cough may persist for a few weeks but cases are no longer infectious to others
- KL medical lead will assist in active daily monitoring and guiding testing when necessary.
- KL medical lead will follow BCCDC Risk Assessment and Management recommendations for health-care workers exposed to COVID-19 patients (<http://www.bccdc.ca/health-professionals/clinical-resources/covid-19-care/testing-and-case-management-for-healthcare-workers>)
- KL to offer testing for KL Staff if they become symptomatic at work and while supplies are available
- KL Team Virtual “Town Halls” -- (weekly → monthly) to keep staff abreast of new developments.